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Editors of This Issue:

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WWWQ News 望闻问切

Newsletter of American TCM Society

美国中医针灸学会 通讯

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About WWWQ

Wang 望: inspection

Wen 闻: listening & smelling

Wen 问: inquiry

Qie 切: palpation

The Second Plenary Meeting of ATCMS Board

The second plenary meeting of ATCMS Board was held in Flushing Sheraton Hotel in the afternoon on February 15, 2009. There were 28 committee members attended the meeting. Dr. Guo-Guang Chen, the Director of ATCMS Supervision Committee, attended the meeting, as the representative of this committee.

Dr. Yong Ming Li, the President of ATCMS, presided over the meeting, and summarized the ATCMS works during 2008, on the behalf of ATCMS Standing Board. He pointed out that ATCMS had been developed greatly in 2008. In the past year, we established the first term ATCMS Board and Standing Board. We drafted, discussed and passed ATCMS By-Laws which ensures ATCMS to be run based on the democratic principle. We also set up the ATCMS financial administrative system. We successfully hosted 2008 New York TCM International Summit and a series of TCM Seminars, and initiated excellent works on the TCM legislation and health insurance issues which correlate to the professional benefits and rights of acupuncturists and TCM practitioners. President Li highly appreciated ATCMS board members and other committee members for their efforts and great contributions to this organization.

Dr. Xiang-Hong Liao, the treasurer of ATCMS, reported 2008 ATCMS financial status, on the board meeting. She also reported the status of the 5.12 Sichuan earthquake relief fund-raising. (These financial statements have been e-mailed to the ATCMS supervisors and board members for reviewing).

The attendees discussed about the annual work plan in 2009. According to most attendees' suggestions, we are considering to hold a few mini-size academic activities such as case discussion or clinical experience exchange, besides the arranged seasonal ATCMS seminars. Also, we plan to organize a picnic in late spring or summer and other recreational activities someday in this year, in order to enhance members' communications and relationships. These series of activities will be arranged by Dr. Xin Zheng, Dr. Magnolia Goh, Dr. Hui Li, and Dr. Jie Shi. On the meeting, some attendees suggested to build up a platform by taking advantage of ATCMS' website and the Members' Garden on ATCMS Newsletter, for communicating each other, providing channels to express their personal views and suggestions, and providing employment information or job opportunities.

We sincerely appreciate everyone for your wonderful suggestions, valuable opinions, and great contributions to ATCMS. The spirit of enthusiasm, voluntary, participation and dedication are the most valuable intangible asset for the organization. These virtues are bound to the success of our common cause.

(Ling Zheng, translated by Emily Hu)

News Report: ATCMS Held a Successful Seminar on February 15, 2009

ATCMS held a seminar successfully at Sheraton LaGuardia East Hotel in Flushing, on February 15, 2009. There were more than 120 acupuncturists, physicians, and TCM practitioners attended the seminar.

On the seminar, Michael, Esq., who is one of the foremost experts in acupuncture and Oriental Medicine law and ethics, introduced professional ethics, liability and risk, with his firsthand real Acupuncture and Oriental Medicine (AOM) cases from throughout the country. In the sensitive, highly-regulated, highly-competitive field of health care, an ethical misconduct complaint or lawsuit is not always a result of a practitioner's intentionally bad behavior or lapse of judgment. Experienced and careful AOM practitioners routinely find themselves facing the prospect of damaging professional disciplinary actions and/or litigation because they simply failed to receive proper training and utilize effective risk management strategies. This course provided AOM practitioners with effective risk management and problem prevention strategies. Mr. Taromina also answered many related questions from those audiences.

Dr. Xiujuan Yang, another speaker, introduced the clinical applications of Eight Extraordinary Meridians. On the seminar, Dr. Yang shared the audiences with her knowledge and clinical experiences, to treat for some common conditions (such as depress, anxiety, allergic diseases, and reproductive disorders) with the theory of Eight Extraordinary Meridians. Every audience highly appreciated Dr. Yang for her wonderful lecture and useful skill.

In order to provide services to ATCMS members as their need, we made a survey during the seminar. We highly appreciate for everyone's involving. The feedback information and suggestions will be very helpful to modify ATCMS' working plan. To make ATCMS running well, we always need your participation, suggestions, and opinions. Please feel free to let us know what you are thinking.

For the more detailed information about the ATCMS seminar, please visit our website: www.ATCMS.org.

(Ming Liu, Translated by Ling Zheng)

ATCMS OB/GYN Seminar on March 20, 2009

We are very pleased to announce that our second seminar in 2009 will be held on March 22, 2009 in Shelton Hotel, Flushing, New York (for details, see Seminar announcement).

Our two guest speakers come from Guangzhou University of Traditional Chinese Medicine (TCM). Dr. Huiqing Ouyang is the pioneer of the study of endometriosis treatment using the Traditional Chinese Medicine in China. Dr. Ouyang has published numerous papers in many prestige TCM journals, and she was the director of Gynecological Department of Guangzhou University of TCM. Dr. Ling Zhu is currently conducting two major projects including "The Effects Of Zuogui Wan on Immune Premature Ovarian Failure" and "The Characters Of Murine Ovary of Premature Ovarian Failure and the Regulation of Traditional Chinese Medicine". She will share her research achievements and extensive clinical experiences with us.

(Jie Fu)

ATCMS News & Views

Online CAM News

Acupuncture effects for tension-type headache and for migraine prophylaxis meeting “The Golden Standard” of the evidence-based medicine

Two articles from the same international collaborative team were published in the Cochrane Database of Systematic Reviews, Issue 1, 2009, with the titles of “Acupuncture for Tension-type Headache”, and “Acupuncture for Migraine Prophylaxis”. The authors concluded: “Available studies suggest that acupuncture is at least as effective as, or possibly more effective than, prophylactic drug treatment, and has fewer adverse effects (for migraine). Acupuncture should be considered a treatment option for patients willing to undergo this treatment”; “Acupuncture could be a valuable non-pharmacological tool in patients with frequent episodic or chronic tension-type headaches”. Based on meta-analysis, the Cochrane Systematic Review is considered the “Golden Standard” of evidence-based medicine.

Abstracts and Full Papers: Cochrane Database of Systematic Reviews, Issue 1, 2009

(Ming Liu)

Acupuncture More Effective Than Drugs for Chronic Headaches

Duke University researchers report that acupuncture works better than drugs (like aspirin) to reduce severity and frequency of chronic headaches. The Duke team analyzed data from 30 studies which included 4,000 patients. The results of the meta-study were that 62% reported relief with the treatment of acupuncture, while with drugs only 45% reported relief. The Duke team, led by anesthesiologist Tong Joo Gan, said data demonstrates clearly the efficacy of acupuncture. "Acupuncture is becoming a favorable option for a variety of purposes ranging from enhancing fertility to decreasing post-operative pain because people experience significantly fewer side effects and it can be less expensive than other options," Gan told Duke University News Service. "This analysis reinforces that acupuncture also is a successful source of relief from chronic headaches."

Abstract: Analgesia and Anesthesia, December, 2008

Meta-analysis Completed on Obesity

The International Journal of Obesity published a review of 31 studies on the efficacy of acupuncture in the treatment of obesity. 3013 individual cases where acupuncture was used to reduce body weight were analyzed. Significant reduction of average body weight (95% confidence interval, CI) of 1.72 kg (0.50–2.93 kg) and was associated with an improvement in obesity (relative risk=2.57; 95% CI, 1.98–3.34). Acupuncture significantly reduced a body weight of 1.56 kg (0.74–2.38 kg), on average, compared to placebo or sham treatments. Acupuncture also showed more improved outcomes for body weight (mean difference=1.90 kg; 1.66–2.13 kg), as well as for obesity (relative risk=1.13; 1.04–1.22), than conventional medication.

Abstract: International Journal of Obesity, January 13 2009

Acupuncture Has An Effect Beyond Placebo

A study recently conducted by Harvard researches shows that acupuncture has an effect beyond just a placebo. The effect of traditionally applied acupuncture in 12 "acupuncture-naive" subjects (6 male, 6 female) was observed by monitoring fMRI and PET of the brain. The use of real acupuncture versus sham applied acupuncture showed an alteration in the opioid systems in the brain, suggesting that acupuncture as actually have a real affect on pain sensory and relief systems.

Abstract: Behavioral Brain Research, November, 2008

USA and China Foster Collaboration in Traditional Chinese Medicine Research

In a news release from the US Department of Health and Human Services, Secretary Mike Leavitt and Chinese Vice Minister of Health Wang Guoqiang, signed a Memorandum of Understanding (MOU) to "foster collaboration between scientists in both countries in research on integrative and traditional Chinese medicine". The MOU signing was completed at the start of a two-day traditional Chinese medicine Research Roundtable at the National Institutes of Health (NIH) in Annapolis Maryland.

Memorandum of Understanding, June 18, 2008

(Jing Huo)

Articles Wanted for Newsletter Column

Dear Members:

We are initiating a column of forum in our newsletter, where we would like to provide opportunities for our members to communicate with each other and make their voice on various issues. The topics include, but are not limited to, your acupuncture clinical experiences, your feedback to our newsletter, your suggestions and comments on future seminars, and other ATCMS activities. We appreciate your participation very much.

You may email your article to Dr. Hongxing Wang (editor) at: wanghongxing_99@yahoo.com

(Hongxing Wang)

Headline

ATCMS OB/GYN Seminar



www.ATCMS.org

Date and Time: March 22, 2009, Sunday, 11:30am--5:00pm
(11:00am--11:30pm: Registration)

Location: Sheraton LaGuardia East Hotel, 2nd Floor (Phoenix West)
135-20 39th Avenue, Flushing, NY 11354

Topics and Speakers:

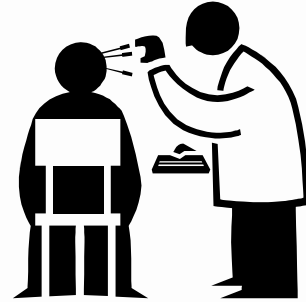
1. Clinical Study Approaches on TCM of Endometriosis-related Infertility
---- by Prof. Huiqing Ouyang, Dept. of Gynecology, Guangzhou University of TCM

2. Study of TCM on Premature Ovarian Failure Syllabus
---- by Ling Zhu, MD; PhD; Dept. of Gynecology, Guangzhou University of TCM

PDA Credit: NCCAOM 5Credit Points

Fee: 1. ATCMS member (who has paid for 2009' membership fee): \$40;
2. Student with ID: \$40;
3. Other: \$80

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