



www.ATCMS.org

Editors of This Issue:

Jie Fu, Emily Hu,
Ling Zheng, Yong Ming Li

WWWQ News 望闻问切

Newsletter of American TCM Society

美国中医针灸学会 通讯

January 20, 2009 NO: 6



About WWWQ

Wang 望: inspection

Wen 闻: listening & smelling

Wen 问: inquiry

Qie 切: palpation

2008 ATCMS Annual Report

ATCMS Standing Board December 15, 2008

With every member's strong supports and active participation, and all board members' efforts, the American Traditional Chinese Medicine Society (ATCMS) has developed greatly, and fulfilled its original annual working plans successfully, in 2008. ATCMS has established a solid foundation for its long-term development, with these brilliant achievements. Based on ATCMS by-laws, this ATCMS Standing Board reviews and summarizes what we have done during 2008, and makes this annual report as the following:

1. Formed the First-Term ATCMS Board, and passed "ATCMS By-Laws":

The first-term ATCMS Board was formed in February 2008, through the process of members' recommendation and/or self-recommendation. The ATCMS Board, consisting of 48 volunteers who would like to serve our TCM community, held the first board meeting on March 2, 2008. At the meeting, board members discussed and passed "ATCMS By-Laws", and elected Dr Yong Ming Li and other 8 colleagues as the ATCMS Standing Board Members in charge of ATCMS daily routine. With the passed By-Laws, ATCMS regulates every staff's responsibilities, rights, and the process of election. The By-Laws will ensure ATCMS to be run based on the democratic principle, as a non-profit professional organization.

2. Held high quality TCM seminars:

ATCMS had held 4 TCM seminars (including 2 seminars co-held with UANYSLA) and organized an international TCM summit in 2008. To enhance acupuncture practitioners' clinical skills, we also provided three sessions of training program for those acupuncturists who just graduated from local schools during 2008.

3. Held the 2008 New York International TCM Summit:

Authorized by WFCMS, ATCMS co-operated with UANYSLA and 15 other TCM or acupuncture organizations or schools to hold the 2008 New York International TCM Summit successfully on November 1 and 2, in New York City. Once again, ATCMS showed its academic strength and mobilization ability by organizing the international conference. It greatly raised this organization's status in the TCM community of the U.S. and worldwide. There were many volunteers involved in the preparation of the international conference. Through the activity, our voluntary working team has become much stronger.

4. Earthquake Relief Fund-Raising Campaign:

To help those people who suffered from the 5.12 Sichuan-earthquake, ATCMS started a fund-raising campaign on June 1, 2008. More than \$20,000 relief fund, donated by ATCMS members and their friends or patients, had been sent to Sichuan, China, for the purpose of earthquake relief.

5. Participated in the promotion of TCM and acupuncture legislative activities in NYS:

ATCMS actively involved in and promoted NYS TCM and acupuncture legislative activities initiated by NYSAC. With many colleagues' efforts, New York State Assembly member, Ellen Young introduced her herbs bill (Bill No: A10143) on March 4, 2008, and Workers' Compensation-Acupuncture Bill (Bill No: A11198) on May 21, 2008, to New York State Assembly. ATCMS will work with NYSAC and other professional organizations together continually, to realize these long-term legislative plans.

6. Supported the Protection of TCM and Acupuncture Practitioners' Professional Benefits and Rights:

To protect acupuncture practitioners' professional benefits and rights, ATCMS co-operated with NYSAC, ASNY and UANYSLA as well as other TCM organizations or schools to initiated the action to resist the chiropractor-acupuncture bill (Bill No: S590), at the beginning of April, 2008. This bill, which would allow chiropractor to practice acupuncture with only 300 hours acupuncture training, was finally stricken at the meeting of Higher Education Committee in New York State Senate, under the pressure from NYS TCM community. It reveals New York TCM community's strong strength and abilities to protect our professional benefits and rights. To urge those health insurance carriers to provide a reasonable acupuncture coverage policy to their insured, ATCMS has pointed a sub-committee to deal with insurance carriers.

7. Established ATCMS Financial Administrative System:

According to the passed By-Laws, ATCMS has established a financial administrative system, including financial management, expenses approval process, and book-keeping and reviewing. The treasurer administrates ATCMS banking account carefully, based on the established regulations.

We highly appreciate every member and colleague's supports and contribution to ATCMS. Without your participation and efforts, ATCMS will not be able to reach the above goals. In this coming year, ATCMS will try its best to serve our members and TCM community. Our challenge includes: How to more effectively serve our members and satisfy their needs? How to keep every staff's enthusiasm to serve for ATCMS and its members, continually? How to strengthen the relationship between ATCMS and its members?

We are looking forward to working with everyone to reach our new goal in 2009!

(Ling Zheng)

ATCMS Seminar on February 15, 2009

ATCMS will host a seminar at Sheraton Hotel, Flushing, on February 15, 2009, Sunday. There will be two topics on the six hour seminar.

1. Professional Ethics, Liability & Risk—by Michael Taromina, Esq

Michael Taromina, Esq., is one of the foremost experts in acupuncture and Oriental Medicine law and ethics. For over a decade he has litigated, educated, advocated and authored for the advancement and protection of the AOM profession in the United States. Currently, Michael is the Chair of National Certification Commission for Acupuncture and Oriental Medicine's Professional Ethics and Disciplinary Committee, a Public Member and Legal Counsel to the Board of Directors of the American Association of Acupuncture and Oriental Medicine (AAAOM).

The course provides a detailed firsthand overview of professional ethics, liability and risk by examining real Acupuncture and Oriental Medicine (AOM) cases from throughout the country. In the sensitive, highly-regulated, highly-competitive field of health care, an ethical misconduct complaint or lawsuit is not always a result of a practitioner's intentionally bad behavior or lapse of judgment. Experienced and careful AOM practitioners routinely find themselves facing the prospect of damaging professional disciplinary actions and/or litigation because they simply failed to receive proper training and utilize effective risk management strategies. This course will provide AOM practitioners with effective risk management and problem prevention strategies.

2. The Eight Extraordinary Meridian—by Dr. Xiu-Juan Yang

Dr. Xiu-Juan Yang received her MD and Ph.D. from the prestigious university - China Academy of Traditional Chinese Medicine (Beijing, China). With eleven years of extensive training in both biomedical and traditional Chinese medicine, she was one of the earliest fellows who hold this degree in major of acupuncture. From 1988 to 1999, she worked with her mentor, Professor Xinnong Cheng, A Chief Editor of Chinese Acupuncture and Moxibustion (CAM). She was a chief physician and professor at the Acupuncture Institute of China Academy of TCM, as well as China Beijing International Acupuncture Training Center which is affiliated with Traditional Medicine Collaborate Center of World Health Organization. She was a faculty at several TCM schools in US. Currently she maintains private clinics in Long Island and New York City.

In this seminar, Dr. Yang will briefly introduce how the eight extraordinary meridians are connected with the regular meridians. She will then focus on why the extraordinary meridians are used to treat depression and other mental disorders. Finally, she will introduce how the extraordinary meridians are applied in asthma and other allergic disease and reproductive disorders.

Every attendee will be awarded 6 PDA's, including 4 PDA's that fulfill the NCCAOM requirement for ethics and Safety. (Jie Fu)

2009 ATCMS Member Registration

January 1, 2009

As the regulations of the ATCMS By-Laws, ATCMS members need to pay for annual membership fee. All paid members will receive a discount rate for attending ATCMS sponsored seminars, and other related benefits and rights, as an active member.

Now, it is the time to pay for 2009' ATCMS registration fees. As usual, the annual (Jan.1—Dec.31) membership fee will be \$50 for each member. Please make a check payable to "ATCMS", and mail it to: American TCM Society, 14 East 34th Street, 5th Floor, New York, NY 10016. You may also pay your membership onsite when you attend the upcoming ATCMS seminar.

ATCMS is a non-profits professional organization registered in New York State. All incomes of this organization, including membership fee, will be used only for those expenses related to ATCMS affairs. Every ATCMS staff serves for this organization as a volunteer. ATCMS has established its financial administrative and reviewing system, and run it based on these regulations. The ATCMS annual financial statement will be displayed every year. (ATCMS Standing Board)

www.ATCMS.org

ATCMS News & Views

Online CAM News

Unconventional Medicine

WASHINGTON (Reuters) - About four in 10 U.S. adults and one in nine children are turning to unconventional medical approaches for chronic pain and other health problems, health officials said on Wednesday. Back pain was the leading reason that Americans reported using complementary and alternative medicine techniques, followed by neck and joint pain as well as arthritis, according to the survey by the National Institutes of Health and the U.S. Centers for Disease Control and Prevention.

Acupuncture Alleviates Hot Flashes - Performs Better than Medication

A recent study presented by Eleanor Walker of Henry Ford Hospital at the American Society for Therapeutic Radiology and Oncology annual meeting explains how acupuncture works as well as the drug Effexor. Effexor is commonly used to combat hot flashes and other menopausal symptoms. Acupuncture treatments can accompany breast cancer treatment, and its benefits last longer, without the bad side effects. News: Reuters September 22, 2008

Acupressure Reduces Anxiety

A study conducted on pre-operative children shows that pressure given to the yin-tang point reduces anxiety. Abstract: Anesthesia and Analgesia, September 2008

NIH Funds Four New Centers for Complementary Medicine Research

The National Institutes of Health has funded four new Centers of Excellence for Research on Complementary and Alternative Medicine. The new centers are:

- Metabolic and Immunologic Effects of Meditation at the University of California, San Francisco
- CAM as Countermeasures Against Infectious and Inflammatory Disease at Montana State University, Bozeman
- Center for Herbal Research on Colorectal Cancer at the University of Chicago
- Wisconsin Center for the Neuroscience and Psychophysiology of Meditation at the University of Wisconsin, Madison

News: NIH News Release October 21, 2008

The current preliminary evidence suggests that acupuncture given with embryo transfer improves rates of pregnancy and live birth among women undergoing in vitro fertilisation. BMJ, doi: 10.1136/bmj.39471.430451.BE, (Published 7 February 2008)

(Jing Huo)

Last Chance to Order DVDs for 2008 NY TCM Summit

Deadline: Feb 15, 2009

The organizing committee has recorded the entire conference of 2008 New York TCM Summit, held on Nov 1-2, 2008 in New York. There were over 50 invited speakers from all parts of the world and the DVDs cover a total of 30 hours of lectures, presentations, demonstrations, and special shows of the Summit. The meeting agenda can be found at www.ATCMS.org.

The program has been edited and recorded on 8 DVD disks. Presentations are in Chinese (with English text on PowerPoint slides in most cases) or in English (with Chinese text on PowerPoint slides in some cases), depending on speakers.

To order the entire set of 8 disks, please send a check of \$100, payable to ATCMS, to following address before 2/15/2009:

Dr. Mei Li, 15 East 40th Street, Suite 101, New York, NY 10016

Inquiries: drli2008s@gmail.com Free shipping within USA

(Organizing Committee of NY TCM Summit)

Articles Wanted for Newsletter Column

Dear Members:

We are initiating a column of forum in our newsletter, where we would like to provide opportunities for our members to communicate with each other and make their voice on various issues. The topics include, but are not limited to, your acupuncture clinical experiences, your feedback to our newsletter, your suggestions and comments on future seminars, and other ATCMS activities. We appreciate your participation very much.

You may email your article to Dr. Hongxing Wang (editor) at: wanghongxing_99@yahoo.com

(Hongxing Wang)

Headline

American TCM Society Seminar



www.ATCMS.org

Date and Time: Feb. 15, 2009 (Sunday) 10:00am—4:30pm

Place: Sheraton LaGuardia East Hotel, Phoenix West
135-20 39th Ave., 2nd Fl., Flushing, NY 11365

Topics and Speakers:

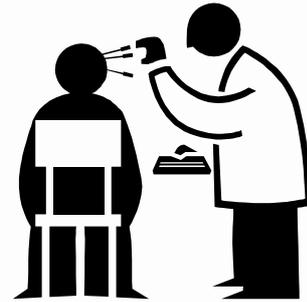
1. NCCAOM required course
Professional Ethics
-Michael Taromina, Attorney at Law
2. Clinical Applications of Eight Extraordinary Meridians
-Xiu-Juan Yang, PhD, LAc

PDA Credit: NCCAOM 6 Credit Points

Fees: ATCMS active member: \$40
Student with ID: \$40
Non-member: \$80

Contact: (212) 689-1773 Dr Zheng

Member registration: \$50 (by mail or onsite)



American TCM Society
14 East 34th Street, 5th Floor
New York, NY 10016, U.S.A.
Tel (212) 689-1773
www.ATCMS.org

